



A Good Break-Up

The Ethics of Ending It

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“When two women construct a relationship they enter together, the anticipated satisfactions are mutual if not similar. Sometimes that relationship becomes unsatisfactory, or ceases to fulfill those separate needs. When that happens, unless there is a mutual agreement to simultaneously dissolve the relationship, there must always be one person who decides to make the first move.

The woman who moves first is not necessarily the most injured nor the most at fault.”

—*Zami* by Audre Lorde





Everything
Ends





Community Norms

Adapted from *Conflict is Not Abuse*
by Sarah Schulman





Everyone has the right to:

- Break up
 - For any reason
- 
- 



The breaker-up has the duty to:

- Take responsibility
 - Recognize their ex's anguish
 - Allow for transitional grace
 - Go through the break-up process with a third party
 - Acknowledge what is good about the ex
 - Acknowledge that good times were shared
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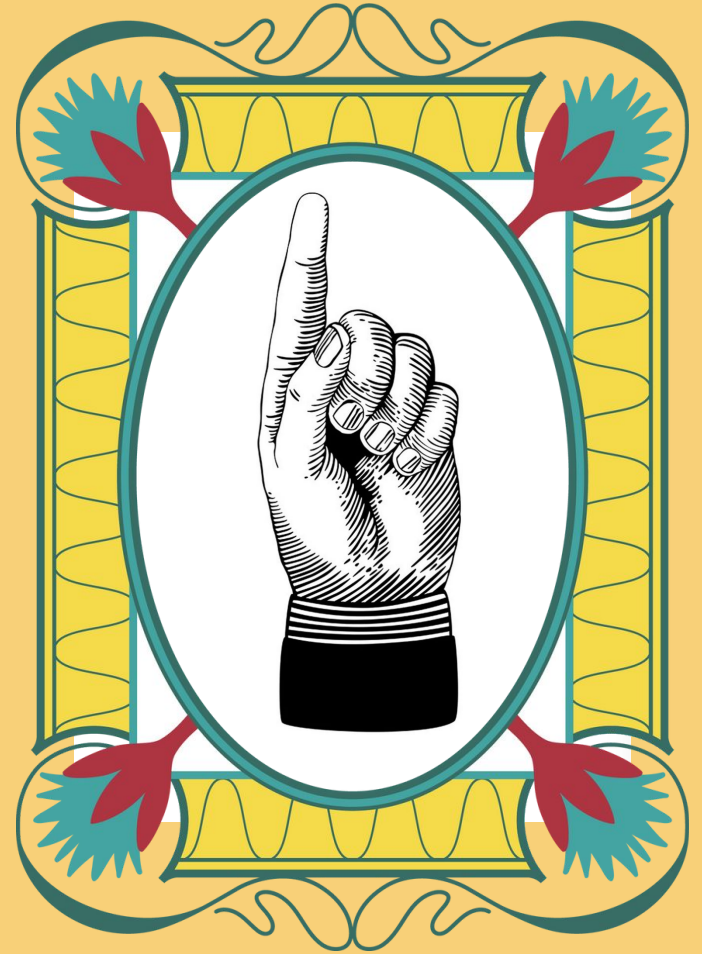
A decorative border surrounds the central text. It features a light green background with a pattern of pink cherry blossoms, blue stars, and green leaves. The border is framed by a yellow rectangular area with a black outline. Inside this yellow area, the text is centered. The border is further decorated with pink and blue flowers and green leaves at the corners and midpoints of the sides.

Everyone has the duty
to:

- Take the time needed
to achieve a peaceful
and kind separation

A decorative floral border in the top-left corner, featuring green vines, red flowers, and small red berries.

What does a good
break up look like
to you?





Thank you!