

# WHAT TO DO ABOUT ABORTION RIGHTS

By Nicole Mazzeo of Pleasure Pie

[pleasurepie.org](http://pleasurepie.org)

# Protecting abortion rights & access is a group effort

No one person can single handedly win the fight for abortion rights and make sure everyone who needs an abortion gets one.

BUT if many of us do something, we can get closer to a situation where abortion is accessible to anyone who needs it.



Art by Amplifier

# You can't do everything

I recommend picking a couple of things that feel doable for you.



Art by Bread & Puppet

**Here are some ideas...**

# Buy at-home abortion pills

They are good for a couple of years, so if you or someone you know needs them in the future, it will be so helpful to have them on hand.

Find them from:

- [plancpills.org](https://plancpills.org)
- [aidaccess.org](https://aidaccess.org)



# Donate to an abortion fund

Especially one in a state where abortion is banned or hard to access.

Here are some:

- JEN - Justice Empowerment Network (South Dakota)
- ND WIN Abortion Access Fund (North Dakota)
- Lilith Fund (Texas)
- Chelsea's Fund (Wyoming)
- Abortion Care for TN (Tennessee)
- Indigenous Women Rising (Indigenous folks in the US)

hot  
people  
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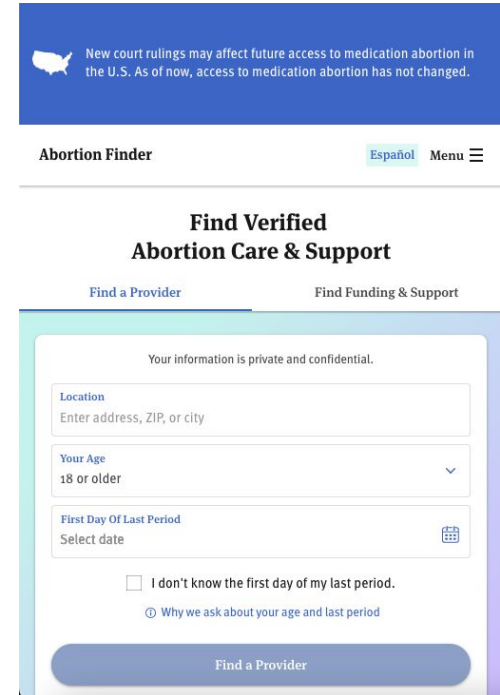
# Learn how to access an abortion

so you're ready if you or someone in your life needs one.

Helpful resources:

- [abortionfinder.org](https://abortionfinder.org)
- [ineedana.com](https://ineedana.com)
- Miscarriage + Abortion Hotline (1-833-246-2632)

[pleasurepie.org](https://pleasurepie.org)



The screenshot shows the 'Abortion Finder' website. At the top, a blue banner contains a US map icon and the text: 'New court rulings may affect future access to medication abortion in the U.S. As of now, access to medication abortion has not changed.' Below the banner, the site name 'Abortion Finder' is on the left, and 'Español' and a menu icon are on the right. The main heading is 'Find Verified Abortion Care & Support'. There are two tabs: 'Find a Provider' (which is active) and 'Find Funding & Support'. The 'Find a Provider' form includes a privacy notice, a location input field, a 'Your Age' dropdown menu set to '18 or older', and a 'First Day Of Last Period' date picker. Below these is a checkbox for 'I don't know the first day of my last period.' and a link 'Why we ask about your age and last period'. A large blue button at the bottom says 'Find a Provider'.

# Share abortion info in print and online

Wasted Ink Distro has free abortion info zines to print and distribute [wizd-az.com/blog/abortion-zines-resources](http://wizd-az.com/blog/abortion-zines-resources)

- [Bestvaluecopy.com](http://Bestvaluecopy.com) is a cheap print company

## Wasted Ink Zine Distro

HOME PHX ZINE FEST ABOUT PATREON SHOP CART (0)

### Abortion Zines & Resources

6/24/2022

1 Comment

Disclaimer: Wasted Ink Zine Distro claims 0 responsibility of actions taken as a result of these resources. Abortion is a personal choice and we view it as our responsibility and our freedom to provide resources.

#### Free Abortion Zines & Resources:

[What's This Thing Called M.E.?](#)

[Abortion Positive Coloring Book For Hard Times](#)

By Lillith Fund

[Sam's Medical Abortion](#)

[reproductiveaccess.org](http://reproductiveaccess.org)

[D.I.Y Doula Self-Care Before, During, & After Your Abortion](#)

A zine by Doula Project

[A Guide to Your Reproductive Resources: Wesleyan And Beyond](#)

Wesleyan Doula Project

pleasurepie.org



# Share abortion info in print and online

Plan C Pills has free printable abortion access stickers to distribute

[plancpills.org/diy-stickers-flyers](https://plancpills.org/diy-stickers-flyers)

- [Stickerguy.com](https://stickerguy.com) is a cheap website for printing custom stickers



SAVE THIS CARD IN A SAFE PLACE  
JUST IN CASE ONE DAY  
☆ FUTURE YOU ☆ (OR A FRIEND)  
NEEDS TO BECOME UN-PREGNANT!

SCAN BELOW TO LEARN MORE



OR VISIT [PLANCPILLS.ORG](https://plancpills.org)

# Share your abortion story

Talking honestly about abortion can help people in your life see the importance of abortion access (and possibly vote in favor of abortion rights!).

Also, **abortion stigma** is one factor that prevents people seeking abortions from taking the steps necessary to acquire an abortion, especially as there are more and more barriers to getting an abortion.

Talking about it openly can help to **break the stigma**.

**SHOUT  
YOUR  
ABORTION**

See [shoutyourabortion.com](https://shoutyourabortion.com)  
for inspiration and guidance

# Host a fundraising event for an abortion fund

It could be a concert, party, storytelling event, bowling night, or whatever you think would be engaging and draw a crowd.

- The National Network of Abortion Funds has a guide for hosting an abortion fundraiser: [abortionfunds.org/mobilize-your-network](https://abortionfunds.org/mobilize-your-network)



# Vote

I'm not saying the Democratic Party will save us. But voting for pro-choice politicians matters, especially to prevent Republicans from gaining enough political power to pass a **national abortion ban** (which would be so, so much worse than where we are now).

It's not just about voting for president! There will be ballot questions about abortion rights—and **voting to protect abortion on a state level is crucial.**



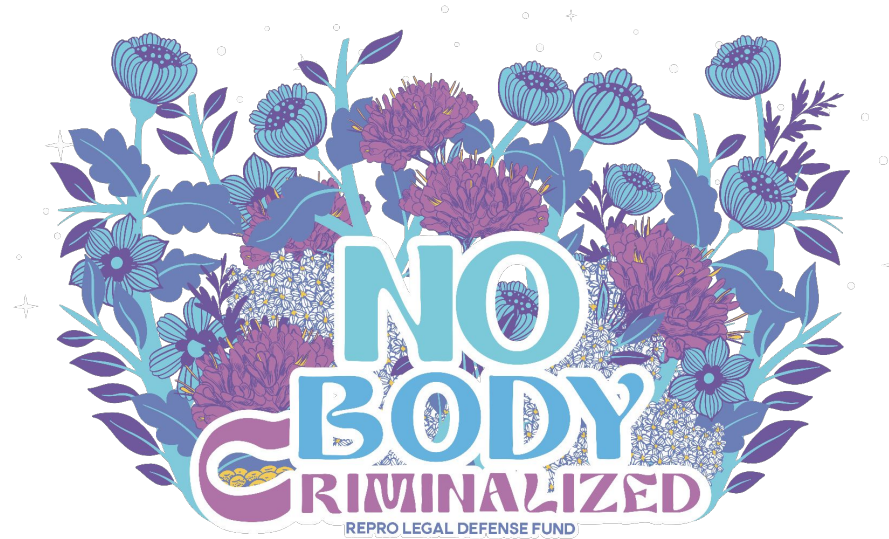
VOTE  
PRO  
CHOICE

# Donate to Repro Legal Defense Fund

They support people who are investigated, arrested, or prosecuted for self managed abortion or for helping someone else end their own pregnancy.

Even better, make it a monthly donation so they can count on having those funds in an ongoing way.

[ifwhenhow.org/give](https://ifwhenhow.org/give)



# Talk to the people in your life about what you can do together

Envision the world you want to live in, and brainstorm ideas for steps you can take to move in that direction.

Then, with the foundation of the loving community you have with each other, work toward bringing these ideas to fruition.



# Connect with initiatives that are already happening

Subscribe to our monthly email newsletter, Boston's Sex-Positive Newsletter, to find out about pro-choice events (like this one!) that are happening locally.

Sign up at [pleasurepie.org](http://pleasurepie.org)

or write your email on the sheet!



[pleasurepie.org](http://pleasurepie.org)

# Support comprehensive sex education in schools (and beyond!)

and talk to the young people in your life about sexuality.

Increasing knowledge about sexual health, contraception, healthy relationships, and consent can prevent a whole lot of unintended pregnancies, as well as instances of reproductive coercion / forced pregnancy as a tool for power and control in abusive relationships.





# Support Planned Parenthood's calls to action

Cait will say more about this in a little bit!



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**Planned Parenthood Advocacy Fund of Massachusetts, Inc.**

# Questions?

Email me (Nicole) at  
[hello@pleasurepie.org](mailto:hello@pleasurepie.org)

[pleasurepie.org](http://pleasurepie.org)